


August 2017 ST. IGNACE

SUN	MON	TUE	WED	THUR	FRI	SAT
	JULY 31 SALISBURY STEAK MASHED POTATOES GREEN BEANS ORANGE	1	2 LASAGNA SALAD W/ CHERRY TOMATOES BANANAS	3	4 BAKED CHICKEN MASHED POTATOES GREEN BEANS PEACH COBBLER	SUGGESTED DONATION OF \$2.50 FOR SENIORS \$5.00 FOR GUESTS
	7 CHEESEBURGER LETTUCE & TOMATO BEER FRIES FRUIT CUP	8	9 BBQ RIBS AU GRATIN POTATOES 3 BEAN SALAD STRAWBERRIES & ICE CREAM	10	11 ITALIAN CHICKEN PASTA SALAD GARLIC BREAD PUDDING	
	14 PORK ROAST BABY REDS PEAS FRUIT PARFAIT	15	16 CHICKEN POTATO SQUASH BANANA BREAD	17	18 BAKED COD BROWN & WILD RICE BROCCOLI FRUITED JELLO	
MEAL IS SERVED AT 12:00 ALL MEALS SERVED WITH BREAD & MILK	21 BRATWURST SAUERKRAUT GERMAN POTATO SALAD WATERMELON	22	23 BAKED CHICKEN BAKED SWEET POTATO CAULIFLOWER W/ PEAS PINEAPPLE	24	25 PORK CHOP O'BRIEN POTATOES BRUSSELS SPROUTS CANTALOUPE	THIS MONTHLY MENU MAY CHANGE DUE TO CIRCUMSTANCES OUT OF OUR CONTROL
	28 BREADED CHICKEN BREAST OVEN POTATOES SPINACH PEACHES	29	30 MAC & CHEESE MIXED VEGGIES SALAD FRUIT	31	SEPT 1 PORK ROAST SOUR CREAM & CHIVE MASHED POTATOES GREEN BEANS APPLESAUCE	

FENLON SENIOR NUTRITION CENTER
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